

Experience it all... in the Meadowlands

The New Jersey Meadowlands
a natural escape



About the NJSEA: The New Jersey Sports and Exposition Authority is the planning and zoning agency for the 30.4-square-mile Meadowlands District, comprised of parts of 14 municipalities in Bergen and Hudson counties. In February 2015 the former New Jersey Meadowlands Commission (NJMC) was consolidated into the NJSEA.

Nature programming: In collaboration with the Bergen County Audubon Society, the NJSEA offers free twice monthly nature walks and additional special events. For a complete schedule, go to njsea.com and click on "Events." The Sports Authority also offers guided pontoon boat tours and canoe trips of the Hackensack River.

The Meadowlands Nature Blog: meadowblog.net, includes daily updates and great photography of the region's flora and fauna, environmental-themed news and information about NJSEA public programs.

Created in 1969, the NJMC (now NJSEA) has fought to end illegal dumping and encourage appropriate development in the Meadowlands District, and has helped to protect thousands of acres of wetlands and open space. The agency has also developed or contributed to the design of 21 parks throughout the District.

The New Jersey Sports and Exposition Authority Offers:



☀️ Guided pontoon boat cruises, canoe tours and nature walks

☀️ Children's programs, including our annual Halloween Party and Spooky Walk



☀️ Guided birding walks, talks and bird-banding demonstrations

☀️ Annual Butterfly Day in July



☀️ The Flyway Gallery, featuring local environmental artists

☀️ Meadowlands Environment Center's interactive educational displays

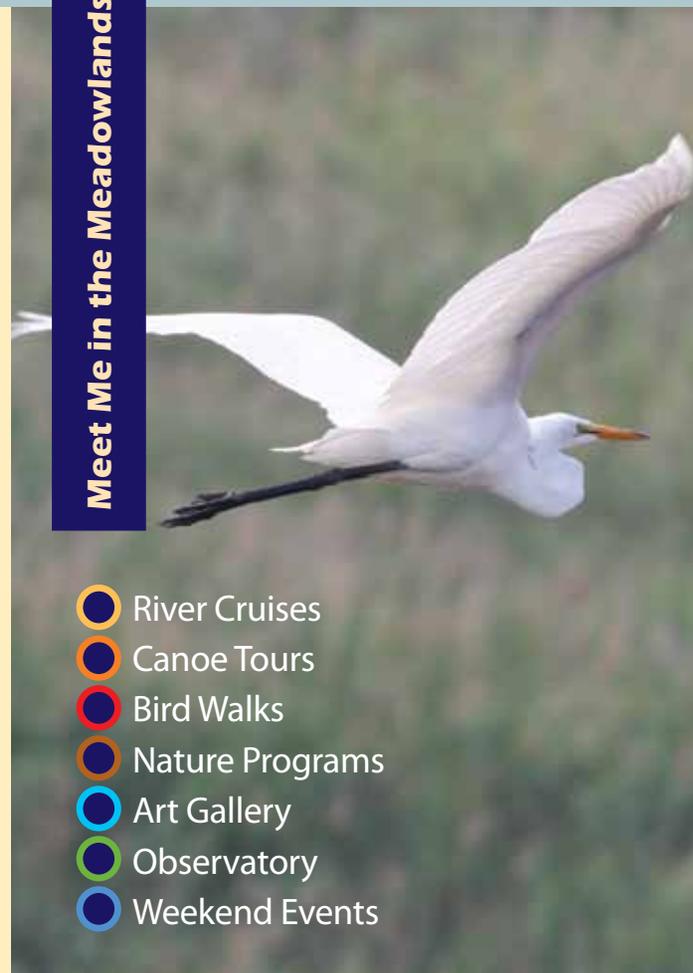
☀️ Thousands of acres preserved, 21 parks, eight miles of trails

☀️ Environmental themed public programs including live animals, historical talks, concerts and more

☀️ Free trail guides, boating guides and other pamphlets



Meet Me in the Meadowlands™



- River Cruises
- Canoe Tours
- Bird Walks
- Nature Programs
- Art Gallery
- Observatory
- Weekend Events



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ESS 3000 715

Come and explore the New Jersey Meadowlands!



HACKENSACK RIVER TOURS

The NJSEA invites you aboard our guided pontoon boat cruises to explore the river at the heart of the Meadowlands. These unique two-hour trips are a great way to experience nature up close and learn about the area's wildlife, history and ecology. The pontoon boats offer the perfect chance to capture photos of rare birds, enjoy nature and sit back and relax while gliding along the open water – all within view of the Manhattan skyline.

To join our pontoon boat tours or schedule your own group trip, call 201.460.4677. To view the current schedule of weekday and weekend excursions, visit njsea.com. Registration required; suggested donation \$15; ages 10 and up. River tours run from June through September.

PADDLING OPPORTUNITIES

Another great way to explore the Hackensack River and its tributaries is by canoe or kayak. The NJSEA leads guided canoe trips on several weekends and provides detailed maps. Registration required, \$15; ages 10 and up. For more information, njsea.com or call 201.460.4677. Canoe tours run from June through September.

WALKING TRAILS

DeKorte Park, the one-square-mile home of the NJ Sports and Exposition Authority, features 3.5 miles of trails with stunning views of wetlands and wildlife galore – plus a backdrop of the Manhattan skyline. The park contains grasslands, pockets of forests, a butterfly garden and plenty of flowers, and its tidal mudflats attract many of the more than 280 bird species that have been seen in the Meadowlands. Whether it's a morning walk, a picnic lunch, or a relaxing read, DeKorte Park is the ideal spot.

For DeKorte Park trail guides, bird lists and other information, call the Meadowlands Environment Center at 201.460.8300, or visit the facility within DeKorte Park between 8 a.m. and 4 p.m. weekdays. The park is open from 8 a.m. to dusk, seven days a week.

PARKS

The Meadowlands District is full of beautiful parks and scenic walking trails including Mill Creek Point and Laurel Hill in Secaucus, River Barge Park and Marina in Carlstadt and DeKorte Park in Lyndhurst. For a complete list of parks and locations as well as park amenities visit njsea.com.

ARTS & SCIENCE ACTIVITIES

The New Jersey Sports and Exposition Authority runs a variety of free and low-cost public programs that showcase the beauty, and importance, of this unique urban estuary and its surrounding communities. Visitors to the DeKorte Park can experience:

🌿 **The William D. McDowell Observatory**, featuring a research-grade telescope, open to the public for free, excluding Holidays.

🌿 **Meadowlands Environment Center**, environmentally themed public programs for all ages, from animal visits and marsh activities to lectures and concerts. Weekend and weekday events held at the MEC's facilities.

🌿 **The Flyway Gallery**, with bi-monthly exhibits featuring local environmental artists, at the MEC.

🌿 **Jill Ann Ziemkiewicz Memorial Butterfly Garden**, created to honor the Rutherford resident who was the youngest member of the flight crew on TWA Flight 800, which fell into the ocean off Long Island on July 17, 1996.

🌿 **WCT Memorial Cove**, a water's-edge tribute that recalls the pre-9/11 Manhattan skyline.

For information on nature activities and programs njsea.com or call 201.777.2431. For great nature photography, recent bird sightings and upcoming events, visit our nature blog at meadowblog.net.